

Massage

Swedish Aromatic (60/90 min)

B 1,290/2,000

For complete relaxation, it is hard to beat the smooth stroking hand techniques used in a professional Swedish massage. Using your choice of aromatherapy oils, this massage covers all of the body and pressure can be applied to suit everybody's needs.

DeepTissue / Sport (60/90 min)

B 1,290/2,000

Using different techniques that allow deeper penetration into and around muscle areas, sport massage is ideal after a day's leisure activities. Please let our receptionists know if you need attention to any particular area and they will individualise this massage for you to ensure complete satisfaction.

Oriental Fusion (60/90 min)

B 1,290/2,000

Wonderful for relieving aches, pains and strains, this massage is a combination of Eastern and Western techniques that is highly recommended for those who prefer a strong massage.

HBS Stress Release (30 / 60 min)

B 610/1,290

Concentrating only on the Head, Back and Shoulders, this anti stress massage will leave you feeling calm, revitalised and tension free. Also available as a 30 min massage in conjunction with another treatment.

Foot Relaxation (60 min)

B 1,290

Originating from Egypt, this foot reflexology massage applies pressure to nerve endings in the feet that relates to all different organs of the body. Far more than just a foot massage, this holistic healing technique helps restore balance and harmony to your body while aiding sleep and water retention. This therapeutic treatment also involves some calming lower leg and head massage.

Traditional Thai (60/90 min)

B 890/1,390

A wonderful treatment passed down from ancient generations, Thai massage involves the application of pressure and a gentle stretching of the muscles, also using pressure to stimulate the energy meridians of the body. This massage is performed on Traditional Thai mattresses without oil and pays special attention to the back and legs.

* Please ensure a minimum of two (2) hours notice if wishing to cancel or change your appointment or fifty percent (50%) of the value of treatments booked shall be charged to your account. Thank you for your attention.

Facial Treatments

Aromatherapy (60 min)

B 1,540

A rejuvenating experience of a cleansing, hydrating, moisturizing, facial massage and mask designed to purify and promote beautifully radiant skin. An exceptional facial treatment tailored to meet your specific skin condition and comes complete with a pampering hand and foot treatment.

Deep Cleansing (60 min)

B 1,540

Using steam to thoroughly cleanse all pores before a detoxifying face Mask, this facial will also remove black heads to leave your skin looking and feeling radiant. Some wonderful hand massage will ensure you leave feeling totally refreshed.

Men's Pampering (60 min)

B 1,520

Designed specifically for men, let us massage your face while indulging in the finest skin nourishing products available. Hydrating, cleansing and relaxing, you will leave us with your face looking and feeling alive.

Natures Own (60 min)

B 1,520

Using fresh Thai fruit and traditional white clay, this facial gently cleanses and tones the skin. Perfect for those who are stressed or fatigued, this facial will do wonders to brighten the complexion.

* Please ensure a minimum of two (2) hours notice if wishing to cancel or change your appointment or fifty percent (50%) of the value of treatments booked shall be charged to your account. Thank you for your attention.

Body Treatments

Aromatherapy Body Salt Glow (60 min)(Rose,Royal Lotus,Lavender) B 1,550

This superb body polishing treatment, uses a combination of freshly ground salts with pure essential oil to re-mineralise and smooth the skin. A lotion massage concludes the treatment, leaving your skin as soft as velvet.

Siamese Herbal Scrub (60 min) B 1,550

Using Turmeric as the prominent ingredient, this exquisite scrub contains Plai, Lemon Grass and Kaffir Lime leaves carefully researched to provide a unique skin exfoliant. Feel thoroughly cleansed and uplifted after the application of this nourishing herbal preparation.

Tamarin Skin Exfoliation (60 min) B 1,550

Based on Tamarin, Ochna and Honey, this treatment uplifts, and revives whilst exfoliating the skin with natural rice meal. Thai Women over the centuries have relied on honey as a natural skin softener. Tamarin and Ochna provide cleansing and nourishing properties to give the skin a radiant glow.

Hot Herbal Clay Wrap (60 min) B 1,620

This luxurious hot white clay body wrap, helps drain the toxins and impurities out from your body, relaxing and soothing from within. The purest, natural Thai Herbal products are used to ensure a truly marvelous experience.

Hot Coconut Oil Wrap (60 min) B 1,620

Smell and look as good as you feel after this deliciously soothing and relaxing experience. Let the age old remedy of Coconut Oil moisturise, soften and revitalize your skin as our therapist relaxes you with gentle head and foot massage in this deluxe treatment.

* Please ensure a minimum of two (2) hours notice if wishing to cancel or change your appointment or fifty percent (50%) of the value of treatments booked shall be charged to your account. Thank you for your attention.

Body Treatments(cont.)

Body and Skin Detox (60 min)

B 1,690

This luxurious treatment is designed to detoxify, exfoliate and deep cleanse the whole body using the purity and strength of an OPC body exfoliating masque, highly concentrated with natural anti-oxidants. The use of thermal energy during the wrap, also enhances the absorption of the active products, helping improve the appearance of cellulite and hard fat, and therefore your total complexion.

Aromatherapy Sun Soother (60 min)

B 1,490

This treatment is applied using a pure Lavender hydrating concentrate, to assist in the relief of burnt and tanned skin. The Lavender is absorbed into the skin through cold towel compresses which will instantly soothe any pain and bring you instant relief. A cooling lavender lotion will also re-hydrate & moisturise the skin which will help you maintain your tan longer, reduce the damaging effects of the sun's rays and help a good nights sleep

Aloe Vera Sun Soother (60 min)

B 1,490

Using extracts of naturally healing Aloe Vera and Green Tea, this fine therapy hydrates and moisturises ozone damaged skin and also includes a relaxing body wrap and soothing Lavender facial.

* Please ensure a minimum of two (2) hours notice if wishing to cancel or change your appointment or fifty percent (50%) of the value of treatments booked shall be charged to your account. Thank you for your attention.

Luxurious Packages

Asian Dream (2hrs)

B 2,860

For the complete relaxing experience, choose any oil Massage and combine it with a Facial treatment of your choice.

Mind and Body Reflex (2hrs)

B 2,730

Treat your body with a holistic Foot Relaxation Massage followed by an energising Oriental Fusion or stimulating Swedish Aromatic Massage for the complete relief of aches and pains.

Total Body Rejuvenation (2hrs)

B 2,880

Invigorate your entire body and smooth away dry, dead skin with an Aromatherapy Body Salt Glow combined with a Swedish Aromatic, Deep Tissue or Oriental Fusion Massage.

Soothing of the Spirit (3 hrs)

B 4,620

This wonderfully calming experience, is perfect for anyone suffering from a long journey or a hard days activities. Starting with Soak in wonderful blend of Aromatherapy Milk bath, a Tamarind Skin Exfoliation shall then revitalize your skin, a Swedish Massage relax your spirit and an Aromatherapy Facial ensure you look good, while feeling great.

Secrets of Siam (Couples, 3 hrs)

B 8,660

To truly experience what Thailand has to offer, this is a must for all travelers. Designed especially for couples, a Siamese Herbal Scrub shall be followed by a Traditional Thai Massage and Natures Own Facial. While you relax and rejuvenate 'Thai Style', Herbal Tea and Thai Desserts shall also be served to complete this very unique experience.

Asian Indulgence (3 hrs 30 min)

B 5,400

Five distinctly different treatments make up this fabulous blend from the Tamarind Skin Exfoliation, Foot Relaxation, Oriental Fusion Massage and a Natures Own Facial will leave you with an impression of Asia you will never forget.

* Please ensure a minimum of two (2) hours notice if wishing to cancel or change your appointment or fifty percent (50%) of the value of treatments booked shall be charged to your account. Thank you for your attention.

Sila Paradise (4 hrs.)**B 6,060**

Bringing together everything you have ever wanted to pamper yourself with, this is the ultimate in mind, body and soul revitalization. Roseharmony bath will relax and loosen your muscles before a Jojoba Seed Scrub removes dead skin layers in preparation for the treats to come. Swedish Massage, a Hot Herbal Clay Wrap and Facial of your choice then complete your transition into a re energized, relaxed, glowing new you.

Specialties***Classic Manicure (30 min)****B 400**

A pampering hand treatment to beautify the hands and nails. Nails can be buffed to a healthy shine, or coated with the polish of your choice.

Classic Pedicure (45 min)**B 500**

A total foot treatment that removes hard, dry skin and beautifies the feet and nails. Nails can be clear buffed or coated with the polish of your choice.

Classic Manicure (45 min) (Gel Color)**B 700**

A pampering hand treatment to beautify the hands and nails. Nails can be buffed to a healthy shine, or coated with the polish of your choice.

Classic Pedicure (45 min) (Gel Color)**B 700**

A total foot treatment that removes hard, dry skin and beautifies the feet and nails. Nails can be clear buffed or coated with the polish of your choice.

- All specialties are available with other treatments only.

* Please ensure a minimum of two (2) hours notice if wishing to cancel or change your appointment or fifty percent (50%) of the value of treatments booked shall be charged to your account. Thank you for your attention.